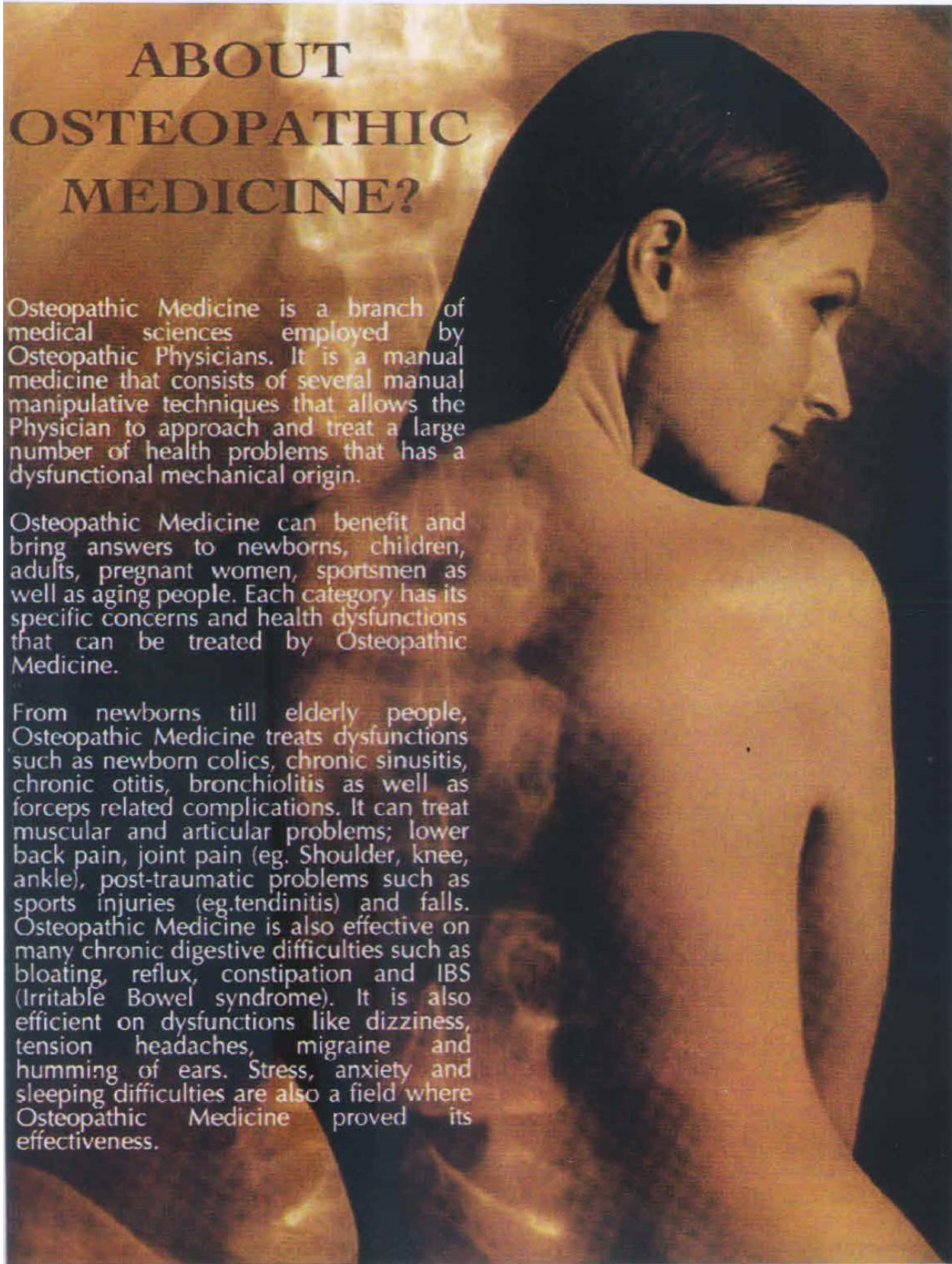


ABOUT OSTEOPATHIC MEDICINE?

Osteopathic Medicine is a branch of medical sciences employed by Osteopathic Physicians. It is a manual medicine that consists of several manual manipulative techniques that allows the Physician to approach and treat a large number of health problems that has a dysfunctional mechanical origin.

Osteopathic Medicine can benefit and bring answers to newborns, children, adults, pregnant women, sportsmen as well as aging people. Each category has its specific concerns and health dysfunctions that can be treated by Osteopathic Medicine.

From newborns till elderly people, Osteopathic Medicine treats dysfunctions such as newborn colics, chronic sinusitis, chronic otitis, bronchiolitis as well as forceps related complications. It can treat muscular and articular problems; lower back pain, joint pain (eg. Shoulder, knee, ankle), post-traumatic problems such as sports injuries (eg. tendinitis) and falls. Osteopathic Medicine is also effective on many chronic digestive difficulties such as bloating, reflux, constipation and IBS (Irritable Bowel syndrome). It is also efficient on dysfunctions like dizziness, tension headaches, migraine and humming of ears. Stress, anxiety and sleeping difficulties are also a field where Osteopathic Medicine proved its effectiveness.



Osteopathic medicine treats functional disturbances of the pregnant woman such as back pains (neck pain, upper back pain and lower back pain), neural irritations (eg. sciatic nerve), joint pains (eg. Hip pain) and many digestive difficulties; reflux, constipation, bloating. Osteopathic medicine is also important in the follow-up of the pregnancy in order to ease at most the delivery process by liberating tensions and restrictions of mobility of the perineum and pelvic area.

Osteopathic Medicine doesn't replace in any circumstances the conventional obstetrical visits but it is an absolute complement in order to have at the same time; a balanced pregnancy and delivery.

It is important to know that Osteopathic Medicine cannot treat diseases such as cancers, congenital abnormalities (eg. trisomy 21), Inflammatory and infectious diseases (rheumatoid arthritis, systemic lupus erythematosus). At most, it can be a complement by treating dysfunctions and restrictions of mobility of the concerned system or tissue.

The results of Osteopathic Medicine must be quickly noticed (in 3 sessions).

Elie MALEK MD,DOM
OSTEOPATHIC MEDICINE

*Member of the French Professional Association
For Osteopathic Physicians*

*Member of the French Society for Orthopedic
and Osteopathic Manual Medicine*

*Member of the World Osteopathic Health
Organization*

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